

## Staffing

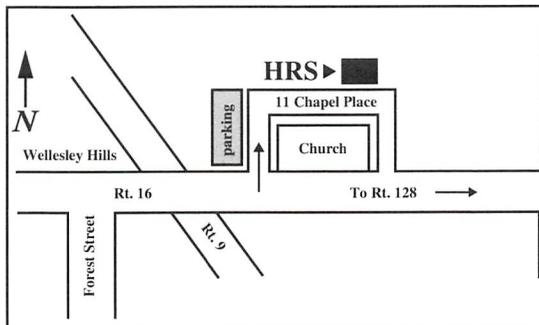
The Needham Schools Employee Assistance Plan is staffed by a team of HRS psychologists, psychiatrists, and psychiatric social workers.

## Scheduling

Appointments are scheduled promptly and are available before, during, and after work. Crisis coverage is available for urgent situations. To find out more or to arrange an appointment, call HRS at 781-235-4950.

## Location

Appointments may be scheduled on site or at HRS, conveniently and privately located in Wellesley, on Chapel Place, on Route 16 near the intersection with Route 9, behind the Hills Congregational Church.



The Human Relations Service, Inc.

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# The Human Relations Service

## *Needham Public Schools Employee Assistance Plan*



11 Chapel Place  
Wellesley Hills, MA 02481  
781-235-4950  
[www.hrshelps.org](http://www.hrshelps.org)



**The Human Relations Service, Inc.**

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### **What is an Employee Assistance Plan?**

A program to help staff with the stresses of life and work – including personal and family issues, drug or alcohol problems, and job-related tensions. It offers prevention and intervention to reduce these stresses and improve coping skills.

### **The Schools Employee Assistance Plan**

The EAP provides counseling, consultation, and education to employees of the Needham Public Schools. The district has contracted with The Human Relations Service, Inc. to provide these services.

### **The Human Relations Service**

HRS is a private, non-profit community mental health agency in Wellesley Hills. It has served local residents and schools since 1948.

### **Counseling**

Each employee is entitled to up to five free, confidential counseling visits. Immediate family members may also be seen within the five visits. Employees may use their own resources and health insurance for further counseling.

### **Consultation**

HRS offers consultation about management, leadership, conflict resolution, and personal issues to supervisors, individually and in groups. Consultation is also offered to staff members about collaboration and other issues.

### **Education**

Presentations on topics related to personal health, family living, and work are offered during the work day and are open to all staff. They provide information on a range of issues and help with common stresses.